



## BELMONT DAY

# Athletics Tryout Policy

### Program Overview

With a focus on creating healthy habits and active lifestyles, the middle school athletics program seeks to prepare students for their future athletic opportunities through skill development and competitive play, while also building character and promoting self-confidence through its team-oriented approach.

### Multiple Team Approach

When student interest in a particular sport warrants multiple teams to be created, tryouts will be held to determine the make-up of a varsity and a junior varsity team. Although both teams will follow the value driven mission of the athletics program, each team will have its own unique philosophical approach.

In the junior varsity program, athletes will develop their foundational skills, be allotted equal playing time, and play a limited interscholastic schedule. In the varsity program, athletes will refine their sport-specific skills, earn playing time based on performance, and play a full interscholastic schedule. Leadership opportunities will be provided in both programs.

### Tryout Process

As with any selection process, the school does its best to anticipate the full range of emotions a child may experience when placed on a given team with coaches and advisors ready to help students process their placement here at school. Additionally, families are encouraged to have thoughtful conversations with their child about the opportunities and challenges associated with both possible outcomes. Team decisions are made by the Director of Athletics with input from sport specific coaches.

\_\_\_\_\_ I have reviewed the Tryout Policy and have had a thoughtful conversation with my family about the possible outcomes that accompany tryouts.

\_\_\_\_\_ I am prepared to make a full commitment to either the varsity or junior varsity team and trust that decisions were made in my best interest.

\_\_\_\_\_ I understand that decisions are not based solely on experience, but instead on a myriad of factors including the balancing of skill sets, character strengths, and leadership potential.

\_\_\_\_\_ I understand that all team decisions are considered final and changes will not be made after rosters are distributed to families.

Student Signature: \_\_\_\_\_ Print Name: \_\_\_\_\_

Parent Signature: \_\_\_\_\_ Tryout Sport: \_\_\_\_\_